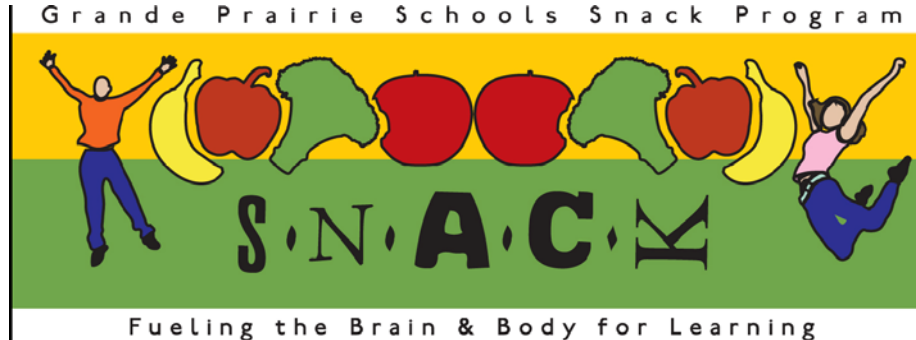


Grande Prairie Schools Snack Program and Boîte à lunch

Marie Stevens



The Mission of the Grande Prairie Schools Snack Program is to relieve child hunger, to improve behaviour and academic performance, to provide nutrition education and to influence healthy lifestyle choices.

Project Snapshot



- Every morning, 1000 students and staff in 3 Grande Prairie schools receive a healthy mid-morning snack of fresh fruits, vegetables, dairy products, meat or grain products.
- Parent volunteers and 4 site leaders prepare and distribute the snacks daily.
- One snack food provider does all purchasing and delivery of food, monitoring of stock and recycling of supplies.

Educational Impact

- Purpose: to influence student lifestyle and bring about change.
 - Supports the Alberta Health and Life Skills curriculum
 - Snack selections are based on Canada's Food Guide
 - Healthy Buddies[©] Program
 - Families Eating Wisely
 - Newsletters and additional resources

Funding

- The projected budget for 2008 for the 3 schools is \$140,000.00.
- Sources:
 - Parents (optional donation of \$5 per child)
 - United Way
 - Corporate donations
 - Gifts in kind
 - Foundations

Boîte à lunch

Project Snapshot

- 10 week program including a mid-morning snack of a fruit or vegetable once each week
- Each week has a different nutrition theme and food item
- Offered to francophone schools within the AHS Peace Country boundaries
- School-based staff and Junior High students prepare the food and deliver the nutritional information

Educational Impact

- Educational materials are provided
- “en français”
- Resources are developed in partnership with other regional programs (Healthy Weights and Nutrition)
- Includes parent education
- sessions



Funding

- Total cost for 10 weeks: \$1 500.00 per school
- Funded by Alberta Health Services and Heritage Canada

This project is a joint initiative under the Canada-Alberta Agreement on French Language Services.

Alberta



Secrétariat
francophone



Patrimoine
canadien

Canadian
Heritage