

Conference Agenda – Day 1

<p>7:30 – 9:00 <i>Waskasoo B/C</i></p>	<p>Continental Breakfast</p>
<p>9:00 – 9:15 <i>Waskasoo B/C</i></p>	<p>Greetings Pieter Langstraat, <i>Deputy Superintendent, Red Deer Public School District</i> Dorothy Ungstad, <i>Board Member, David Thompson Health Region and Coordinator for Central Alberta, Student Health Initiative Partnership</i></p>
<p>9:15 – 9:30 <i>Waskasoo B/C</i></p>	<p>Since We Last Met . . . A Year in the Life of ACHSC Vel Thompson, <i>ACHSC Co-Chair, Health</i> Doug Gleddie, <i>ACHSC Co-Chair, Education</i></p>
<p>9:30 – 10:30 <i>Waskasoo B/C</i></p>	<p>Students Panel An Insiders Look at Teen Well-Being A group of Grade 11 students will officially open the conference and share their perspectives on priority health issues. This will be a great opportunity to listen and find out what these students are thinking about, what research they have uncovered and what their next steps will be. There will also be time for delegates to pose questions and share insights. Grade 11 Students, <i>Hunting Hills High School, Red Deer</i> Dr. Andy Anderson (Moderator)</p>
<p>10:30 – 10:45 <i>Waskasoo B/C</i></p>	<p>Networking Break</p>
<p>10:45 – 11:30 <i>Waskasoo B/C</i></p>	<p>Keynote Address Researching Processes and Ripple Effects: Ways to Capture System-Level Change Researchers have become proficient in measuring changes in knowledge, attitude and behaviours in children. But we are less skilled in appreciating and detecting the ways systems and cultures absorb, amplify and transform change processes. This presentation unpacks some promising approaches. Dr. Penny Hawe, <i>Professor and Markin Chair in Health and Society at the Markin Institute, University of Calgary</i></p>
<p>11:30 – 11:45</p>	<p>Questions</p>

<p>11:45 – 1:30 <i>Waskasoo B/C</i></p>	<p>Lunch – Walk – Networking</p>
<p>1:30 – 4:00 <i>Red Deer</i></p>	<p>Concurrent Workshop A</p> <p>Comprehensive School Health: Making It Happen</p> <p>Creating a healthy school community can be fun and energizing! Join us for an afternoon of learning and sharing as we examine the process of creating a healthy school community using the Comprehensive School Health approach. Learn who should be involved, tools available for your use, and how to develop a health promotion plan for your school.</p> <p>Through this interactive workshop participants will:</p> <ul style="list-style-type: none"> - gain an understanding of the roles of a Health Facilitator and School Health Champion - have the opportunity to enhance their understanding of the Comprehensive School Health approach - be introduced to an assortment of tools being used to address Comprehensive School Health - have the opportunity to participate in the development of a Healthy School Community Plan. <p>Workshop Facilitators: Cheryl Macleod, <i>School Health Nurse Specialist, Calgary Health Region</i> Lorna Muise, <i>Coordinator of Comprehensive School Health, David Thompson Health Region</i></p>
<p>1:30 – 4:00 <i>Waskasoo B/C</i></p>	<p>Concurrent Workshop B</p> <p>Comprehensive School Health: Tools for Building Nutrition SUCCESS in Your School</p> <p>Jill Aussant and Caroline McAuley will share highlights from the “Foundations for School Nutrition Initiatives in Alberta” Background Paper prepared by the Alberta Coalition for Healthy School Communities and Dietitians of Canada in June 2006. The goal of this paper is to inform and stimulate discussion as to most promising practices in school nutrition and offer clear direction for action. The document provides examples and strategies to support schools in developing a comprehensive approach to school nutrition by focusing on 7 key elements. SUCCESS is the acronym used to describe these seven key elements.</p> <p>Participants will then have the opportunity focus on some of these elements and gain practical knowledge in a focused area of the school food environment. By participating in round table chats with a variety of stakeholders who have first hand experience in making schools healthier places to learn and work, participants will learn about developing school food guidelines, offering healthy foods at school, using nutrition resources to</p>

	<p>support curriculum, and engaging parents and the community in school nutrition activities.</p> <p>Developing school nutrition initiatives.</p> <p>Workshop Facilitators: Jill Aussant, <i>Calgary Health Region</i> Caroline McAuley, <i>East Central Health</i></p>
<p>1:30 – 4:00 <i>Piper Creek</i></p>	<p>Concurrent Workshop C</p> <p>Comprehensive School Health: Monitoring, Assessing and Evaluating</p> <p>This workshop will examine the ongoing process of educational improvement by comparing various school-level self-assessment methods and tools that support school and community strategies within a coordinated school health model (comprehensive school health approach). The newly developed Canadian Healthy School Report Card will be highlighted and participants will have the opportunity to observe and discuss the features of this action tool.</p> <p>Workshop Facilitators: Dr. Sandra Vamos, <i>Assistant Professor</i> Dr. Dan Laitsch, <i>Assistant Professor</i> <i>Faculty of Education, Simon Fraser University, Burnaby, BC</i></p>
<p>1:30 – 4:00 <i>Waskasoo A</i></p>	<p>Concurrent Workshop D</p> <p>Comprehensive School Health: How Can We Level the Playing Field with Respect to Socio-Economically Disadvantaged School-Aged Children and Youth?</p> <p>This workshop will provide conference delegates with the opportunity to:</p> <ul style="list-style-type: none"> · Consolidate understanding of the strong relationship between socio-economic disadvantage and poor health and education outcomes among school-aged children and youth · Learn about the City Centre Education Project in Edmonton, how they are addressing these issues, and reflect on what this means in terms of comprehensive school health · Begin to build a model to use in Alberta school communities to level the playing field, find strategies that are ‘doable’ for your own community, and commit to action. <p>Workshop Facilitators: Colin Inglis, <i>Coordinator, City Centre Education Project, Edmonton</i> Fred Sudfeld, <i>Clinical Consultant with The Family Centre, Edmonton</i> Diane Drummond (RD), <i>Regional Mental Health, Capital Health</i></p>
<p>4:00 – 6:00 <i>Foyer/Piper Creek/Patio</i></p>	<p>Wine & Cheese (cash bar)</p>